

SOLACE

ISSUP

INTERNATIONAL
SOCIETY OF
SUBSTANCE USE
PROFESSIONALS

NIGERIA chapter



THE OFFICIAL NEWSLETTER OF NIGERIAN SOCIETY OF SUBSTANCE USE PREVENTION
AND TREATMENT PROFESSIONALS



From the President's Desk
ISSUP Vienna 2019
Meet the Executives
Upcoming Trainings

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Editorial Team;
Bawo James, Chris Ibe

From the President's Desk

It is my pleasure to welcome you on board as well as introduce you to our maiden edition of ISSUP Nigeria Chapter bulletin tagged "Solace". Welcome on board!

As we may already know, the Nigerian Society of Substance Use Prevention and Treatment Professionals, aptly called ISSUP Nigeria Chapter, is the host association of International Society of Substance Use Prevention and Treatment Professionals (ISSUP) in Nigeria. ISSUP Nigerian Chapter is a registered association under part C of the Companies and Allied Matters Act of the Federal Republic of Nigeria with a Certificate of Incorporation dated December 12, 2018.

The evolution of ISSUP Nigeria Chapter began in 2016 during my participation at the 2nd global conference of ISSUP that held in Campinas, Brazil between 5th and 10th of December, 2016. At that conference, it became obvious that Nigerian practitioners in the field of substance use prevention, treatment, recovery including research and policy need to join hands together with the rest of the world in order to be abreast with current developments and opportunities with respect to drug demand reduction across the globe.

Subsequently, a window of opportunity to bring together the first network of Nigerian stakeholders in unison with ISSUP vision and philosophy came in July 2017 when we had the first Universal Treatment Curriculum for Substance Use Disorders training at the Federal Neuropsychiatric Hospital, Yaba, Lagos State, Nigeria. It was here that ISSUP Nigeria Chapter was given birth to. We started with a three (3) member coordinating team: Dr. Olajumoke Koyejo, Dr. Chai Francis and my humble self. The momentum increased as the network expanded from three to nineteen between the end of July 2017 and December, 2018. All the 19 persons formed the first ever executive council of ISSUP Nigeria Chapter. This council has been the engine room that has been driving increased membership and participation of different stakeholders in drug demand reduction across the six geopolitical zones of Nigeria.

It is vital to highlight that together with important personalities in the persons of Professors Musa Abba Wakil, and Isidore Silas Obot as well as Dr. (Mrs.) Abosede Taiwo Adamson who are all members of Board of Trustees of ISSUP Nigeria Chapter, the team has collaborated to get our association formally registered. Today we have six (6) zonal coordinators for the six geo-political zones in Nigeria as well as state coordinators and executive committee at the state levels.

The vision of ISSUP Nigeria Chapter is to build a united, trained, skilled, knowledgeable and effective national network of substance use prevention, treatment, recovery and research professionals undertaking and promoting high quality evidence-based substance use prevention, treatment, recovery and policies.

ISSUP Nigeria Chapter aims to develop multidisciplinary networks of core and allied professionals abreast with up-to-date evidence-based effective drug demand reduction and control interventions. The objectives are itemized as follows:

1. To support and build national and local capacity for substance use research, prevention, treatment and recovery among professionals for effective and efficient service delivery.
2. To collaborate with all levels of Nigerian government and build positive relationships between Nigerian government, local and international organizations towards evidence-based and cost-effective drug demand reduction control in Nigeria.
3. To promote and support evidence-based professional information sharing that includes evidence-based, high quality, and ethical policies and practices with respect to substance use prevention, treatment and recovery.
4. To provide sustainable platforms for meaningful contributions towards substance use prevention, treatment and recovery by engaging local communities and allied professionals to address specific local drug issues within the micro- and macro-environments
5. To engage in such acts and things as may be necessary and/or incidental to the aforesaid aim and objectives and as may be agreed to be taken up by the governing board from time to



time.

Our membership cuts across different professions or disciplines, and organizations. The membership is disaggregated into six (6) main categories: student, standard, advanced, certificate, honorary and fellows. Each of these categories has its minimum set of requirements.

Why we need to build a team

In view of the above, ISSUP Nigeria Chapter thus provides a healthy and mature forum where all professionals in the field of substance use prevention, treatment, recovery and research have optimal opportunity to interact, collaborate and establish partnerships. We encourage the sharing of latest information, trends and research opportunities in relation to substance use and the promotion of evidence-based prevention and treatment interventions among its members.

Our Association also provides training and credentialing opportunities, events and programmes for members at the state, zonal, national and international levels. Joining the Nigerian Chapter of ISSUP means a high level interest in the latest information and opportunities with regards to substance use, prevention, treatment, recovery, research and related disciplines. Membership benefits also include being signed up to a code of ethics which demonstrates the following: professionalism; ability to demonstrate membership within a professional field of work; participation in the annual and other Global ISSUP events with member benefits, which includes full sponsorship and receipt of a range of appropriate letters of attestation/recommendation from the national chapter to ISSUP global or other international associations affiliated to ISSUP.

Our members use ISSUP logo as part of members' CV/professional profile and their certificates of membership reflect their status as valid ISSUP members. In addition, there are other opportunities that include free access to news of relevant jobs and other professional opportunities; opportunities to network with other professionals in the field of drug demand reduction in Nigeria and globally; avenues to receive technical supports and to have capacity building to enhance members' work on substance use

prevention, treatment, recovery and research towards effective and efficient service delivery.

At this time, we look forward to working with relevant stakeholders who will introduce addiction studies to our higher institutions of learning in Nigeria. Within this perspective, such stakeholders will be incorporated into the International Consortium of Universities for Drug Demand Reduction (ICUDDR). This project will help with our long term goal of professionalizing Drug Demand Reduction in Nigeria.

Please join us as we work together to find lasting cost-effective solutions to the menace of substance use and related problems in our country, Nigeria. This is not the time to sit on the fence. The task we fail to perform today may hurt us tomorrow. We must protect our future generations from the scourge of substance problems and complications. Once again, Welcome on board!

Dr. Martin Agwogie





5th GLOBAL ISSUP Conference, Vienna, Austria (July 1-5, 2019)



ISSUP in partnership with UNODC held the International Conference on Drug Prevention, Treatment and Care – Inspiration and Direction. The opening ceremony took place on the 1st July, 2019 at the Vienna International Conference Centre and it was declared opened by the Director General of UNODC, Dr. Yuri Fedopov.

Nigeria was represented by a 10-man delegation consisting of: Dr Martin Agwogie, Dr. Ibrahim A. Wakawa, Dr. Williams Ebiti, Dr. Suwa Goar, Prof Bola Ola, Prof Moses Audu, Mrs Esther Audu, Mrs Maria Ilubughi, Mr. Isaac Olatunde, Mr. Akinyemi Abimbola, and three Nigerian students delegate from Belarus and Hungary namely Miss Rose Okonta, Miss Blessing Anioke and Mr. Nanle Gusen..

ISSUP Nigeria was represented at the national chapter meeting by the VP; Dr. Ibrahim Abdu Wakawa and intermittently by the President, Dr. Martin Agwogie. There were several presentations at the national chapter meetings including on how to maintain social media platforms, how to embark on membership drive and financial sustainability for national chapters. There were also deliberations on uniform membership struc-



ture for all chapters. There were presentations by the Director Drug Demand Reduction, INL, Mr. Brian Morales as well as Jeff Lee and Joanna Travis-Roberts from ISSUP Global.

Highlights of the event was the signing of the document formally recognizing Nigeria as a national chapter. Apart from presentations at the plenary and other syndicate sessions, there were other training sessions which included the Global Drug Demand Reduction training, UTC 16 on advanced clinical skills, and school-based intervention amongst others.

Dr. Ibrahim Abdu Wakawa



Meet the Executives of ISSUP Nigeria



President

Dr. Martin Agwogie Ph.D, MBA, PGD (Hospt. Mgt.), ICAP II

Is the Founder/Executive Director, Global Initiative on Substance Abuse (GISA). An NGO focused on providing evidence based substance use prevention, treatment, capacity building and policy. He is also the assistant coordinator of the International Consortium of Universities for Drug Demand Reduction (ICUDDR) in Africa. He holds a Ph.D. in Psychology among other academic and professional qualifications. He is a Global trainer in Drug Demand Reduction, National Coordinator for the Universal Prevention Curriculum (UPC) for substance use disorders in Nigeria and an expert contributor to the UNODC-WHO International Standards on Drug Use Prevention (Second Updated Edition), a Fulbright Scholar in Substance Use Prevention, Treatment and Policy, Virginia Commonwealth University, United States. He has over 23 years' experience in drug control. Part of which was with the National Drug Law Enforcement Agency (NDLEA) where he served in different capacities particularly in drug demand reduction before retiring into private practice.

Vice-President

Dr. Ibrahim Abdu Wakawa MBBS, MHPM, MSc (Pharm), FWACP (Psych), ICAP I

Is the current Medical Director of Federal Neuropsychiatric Hospital, Maiduguri in Borno State. He graduated from the famous College of Medicine, University of Maiduguri in Borno state with several awards and thereafter obtained his fellowship in Psychiatry from the West African College of Physicians. He is both TREATNET and UTC certified master trainer and has been working in the Addiction Unit of FNPH, Maiduguri for over a decade. He has participated in several conferences and workshops both locally and internationally. He is also a member of the National Technical Working Group on Harm Reduction constituted recently by the Federal Government of Nigeria. He is an Associate Professor of Psychiatry with the University of Maiduguri and has anchored the Mental Health and Psychosocial support component of the Federal Government of Nigeria's intervention in the Northeast of the country that has reached out to over thirty thousand psychologically distressed displaced populations. He has over thirty research publications in peer-reviewed local and international journals



Secretary-General

Dr. Gboyega Abikoye PhD, FNPA

Is Associate Professor of Clinical Psychology at the University of Uyo, Nigeria. With over 20 years' experience in substance abuse-related teaching, research and intervention. Dr. Abikoye has more than 70 scientific publications to his credit. He is Deputy Director (Associate) at Center for Research and Information on Substance Abuse (CRISA); Fellow of the Nigerian Psychological Association (NPA), Member of the National Technical Committee of United Nations Office on Drugs and Crime (UNODC)'s projects in Nigeria; Member of the Nigerian Association of Clinical Psychologists (NACP), Member of the Australian Center on Quality of Life (ACQoL) and Deputy Editor-in-Chief of Nigerian Journal of Clinical Psychology.



Zonal Coordinator (North-West)

Dr. Auwal Salihu MBBS, MSc, FMCPsy, ICAP I

Is honorary consultant psychiatrist and an addiction professional with the Aminu Kano Teaching Hospital, Kano Nigeria. He is also a lecturer at the Bayero University, Kano. He has been working with Substance Use Disorder clients for the past 13 years. First as a trainee specialist and 6 years as a specialist. He is the UNODC Focal Point for treatment at AKTH, a TREATMENT Master Trainer and UTC National Trainer. He has been training resident doctors, medical students and allied health professional on SUD assessment and treatment for the past 8 years. He also engages in prevention efforts especially on drug addiction education through mass media programs, public lectures and continuing medical education presentations.



Zonal Coordinator (North-Central)

Dr Suwa G. Goar M.B.B.S.(UJ), MSc Drug & Alcohol Studies (UK), ICAP III, FMCPsy.

Is a Reader in the Department of Psychiatry, University of Jos and an Honorary Consultant Psychiatrist with Jos University Teaching Hospital. He is the current Head of Department of Psychiatry of both the Jos University Teaching Hospital and University of Jos, (2016 to date). He co-founded Quintessential Healthcare Center (QHC) a not-for profit, Non-Governmental Organization (UNODC and Federal Ministry of Health Drug Dependence Model Treatment Centre) and oversees her clinical services. Dr Goar is the UNODC Focal Point for Treatment in QHC as well as a Trainer in UNODC TREATNET Volume C and D; National Trainer for the Colombo Plan Drug Advisory Programme in both Universal Treatment Curriculum (Basic level) and Universal Prevention Curriculum. Dr Goar was recently appointed as a Global Trainer for Drug Demand Reduction. He has conducted many echo trainings in UTC 1-8 and recently in UPC Core for Implementers. He is also visiting psychiatrist to 3rd Division Military Hospital Rukuba, Maxwell Khobe Cantonment (2016 to date); Deputy Director, Substance Abuse Treatment and Rehabilitation Center, Vom Christian Hospital from 2007-2012; visiting psychiatrist to Plateau State Specialist Hospital, (2007-2010).

Zonal Coordinator (North-East)

Dr. Sulyman Dauda MBBS, FMCPsy

Is from Ilorin, Kwara State. He graduated from University of Ilorin, in 2000 with MBBS. Had his postgraduate fellowship in psychiatry from the National Postgraduate Medical College of Nigeria in 2010. He is currently the head of department of psychiatry, Abubakar Tafawa Balewa University Teaching Hospital, Bauchi and has TREATNET training.



Auditor

Mrs. Miriam M. Adeyemi RN, RPN, RNE

Psychiatric Nurse Educator and addiction Therapist with over 10 years work experience. ICAP I certified, works with FNPH Kaduna





Zonal Coordinator (South-West)

Dr. Olajumoke M. Koyejo MBChB, FMCPsy., Cert. SAPT(Richmond), Cert. Health Mgt. Dev (UCLA), ICAP II., Cert. Tobacco prevention, treatment, protection & Evaluation (Ontario)

Had her undergraduate study in medicine from the Obafemi Awolowo University Ile – Ife, Nigeria. She is a consultant psychiatrist with further specialisation in addiction. She is a Fulbright fellow with training in Substance Abuse Prevention, Treatment, Education and Policy from Virginia Commonwealth University, USA; Certification in Tobacco Prevention, Treatment, Protection and Evaluation from the Ontario Tobacco Research Unit. Additional qualification as an International Certified Addiction Professional from the International Centre for Credentialing and Education of Addiction Professionals (ICCE) USA. She is an international trainer of substance use treatment education for the United States of America Sponsored Colombo Plan Drug Advisory Program. My position as the Colombo Plan Drug Advisory Program Universal Treatment Course national coordinator in Nigeria has given me the opportunity to be an advocate of efficient evidence based treatment practice for varied levels of treatment organisations. During different periods of international study, I have had my horizon broadened and my respect for details increased. My belief in corporate and individual social responsibilities has encouraged my volunteering for different non-profit organisations at various capacities: as the executive director, board member and operational manager. My vast knowledge in the field of addiction has given me the advantage of been the guest speaker at different academic, political, social and religious gatherings. My professional goal is to continue creating awareness in the field of addiction prevention, treatment, education and advocacy.

Zonal Coordinator (South-East)

Prof. Michael Ezenwa PhD

Is a Professor of Clinical Psychology, a fellow and national president of Nigerian Psychological Association (NPA). He obtained his doctoral degree in Clinical Psychology from Nnamdi Azikiwe University where he currently serves as the Associate Dean (Humanities) of The School of Postgraduate Studies. In addition, he received training in Gestalt Therapy from Gestalt Education Network International Frankfurt Germany. He was also trained in transactional analysis by the International Association of Transactional Analysis in Johannesburg, South Africa. As a drug prevention professional, he is a trainer on Universal Prevention Curriculum and pioneered the establishment of the first postgraduate training in Employee Assistance Programme in Nigeria at the Department of Psychology, Nnamdi Azikiwe University. He is a member of Employee Assistance Professionals Association (EAPA) International and EAPA Nigeria Chapters.



Zonal Coordinator (South-South)

Uchechi C. Onukogu BSc Psy, MSc Clin. Psy, MHRS, MSc (Health Psychology), ICAP II, PhD (in view)

Is a clinical psychologist working in substance abuse treatment and HOD, Clinical Psychology Department at the Federal Neuropsychiatric Hospital, Calabar, with renewed interest and training in substance abuse prevention science. She is national trainer on the Universal Treatment Curriculum (UTC). She is a Fulbright scholar (Hubert H. Humphrey Fellowship Award/Certificate in Substance Abuse 2012). She holds memberships of the Nigerian Association of Clinical Psychologists (NACP), Nigerian Psychological Association (NPA), Employee Assistance Professional Association in Nigeria (EAPA), American Psychological Association (APA), American Public Health Association (APHA) and Society for Prevention Research (SPR)





Publicity Secretary

Dr. Bawo O. James MBBS, MSc (Lond.), FWACP, FMCPsy, ICAP I

Is a consultant mental health physician and certified addiction treatment specialist working at the Federal Neuropsychiatric Hospital, Benin City, Nigeria. He completed his undergraduate program in medicine and surgery at the University of Benin and had his postgraduate training in psychiatry and holds the Fellowship of the West African College of Physicians (FWACP) as well as Fellowship of the National Postgraduate Medical College (FMCPsy). He holds a masters degree in Epidemiology from the University of London, and a Diploma of the London School of Tropical Medicine and Hygiene. He currently heads the drug abuse treatment program at the Federal Neuropsychiatric Hospital, Benin and serves on expert panels at national level for policy development, treatment intervention and secondary prevention for the Federal Ministry of Health (FMOH) and the United Nations Office on Drugs and Crime (UNODC). He is Master Trainer in Volume A and D for TREATNET, and National Trainer in UTC. He actively mentors postgraduate students in mental health and is an active researcher with over 70 academic publications in Nigerian, African and International journals.

Assistant Publicity Secretary

Chris Ibe Dip. Crime Prevention, BSc, HKE, PGD. Public Admin, M.Ed. G&C

Is the Founder/Executive Director; African Youths Initiative on Crime Prevention, an organization with the Special Consultative Status of the United Nations Economic and Social Council (ECOSOC), convener of the annual National Youth Summit on Drugs and Substance Abuse Prevention, National Youth Summit on Crime Prevention and the National Police – Youth Relationship Dialogue in Nigeria. He holds a Masters Degree in Guidance and Counseling, Bachelor Degree in Human Kinetics and Health Education (University of Lagos), a Post Graduate Diploma in Public Administration from Olabisi Onabanjo University, Ogun State and a Diploma in Basic Crime Prevention from the Florida Crime Prevention Training Institute, Tallahassee Florida, U.S.A. He is an Associate Chartered Personal Assistant (ACPA), Institute of Personal Assistants of Nigeria, Associate Member, Institute of Registered Administrative Managers of Nigeria and a member of International Society of Criminology, Belgium. He is also a U.N.O.D.C Drug Demand Reduction and Florida Crime Prevention Training Institute trained and certified expert. He is an alumnus of the Prestigious American government sponsored International Visitors Leadership Programme (IVLP, 2013 Youth and Community Conflict Resolution) and he has also received numerous Awards both local and international in appreciation of his youth development and crime prevention activities.



Financial Secretary

Dr. Margaret Akogun BSc, MSc, PhD

Is a Clinical Psychologist. She works at Jos University Teaching Hospital and has 19 years' experience conducting psychotherapy, counselling and other psychosocial treatment with mental health and substance use disorders patients. She is currently the Head of Psychology Unit at the Department Psychiatry Jos University Teaching Hospital, Jos. Dr. Akogun's treatment with drug dependence patient involves both in-patients, out-patients and community treatment. Dr Akogun has attended several trainings in substance abuse prevention and treatment. She is a Master trainer in TreatNet psychosocial treatment of Drug dependence and in the Universal Treatment Curriculum (UTC) and is involved in several trainings of Practitioners. She is currently an Internationally Certified Addiction Professional.





Treasurer
Ikenna Molobe BSc MPH

With functional expertise that spanned over a decade in Research and Programs; Mr. Ikenna Molobe is a public health expert with major focus on drugs and substance abuse among children and young people. He holds M.Sc in Public Health from University of Lagos; B.Sc in Applied Microbiology from Nnamdi Azikiwe University, Awka; and National Diploma in Science Laboratory Technology from Institute of Management and Technology (IMT) Enugu. He received advanced training course in Addiction Research & Pregnancy at Morehouse School of Medicine, Atlanta Georgia, USA; and Executive Course in Human Rights and Drug Policy at University of Ghana School of Law. He has also received the UNODC DPTC training and UNODC Policy Maker training on The Nature, Prevention, and Treatment of Drug use Disorder. Ikenna has presented papers at international conferences, and has published in peer reviewed journals. He was a Lead Guest Editor of Special Issue on Addiction and Substance Abuse of Science Journal of Public Health (SJPH) USA. He is a recipient of the 2018 UNODC Academic Research Grant. He Cofounded the Unified Initiative for a Drug Free Nigeria where he currently serves as Director. He is a member of World Federation against Drugs (WFAD) and International Substance Abuse and Addiction Coalition (ISAAC).

Assistant Financial Secretary
Peter Adenibuyan BSc, MSc, MSW, ICAP

Is a medical social worker with over 12 years' experience in the treatment and rehabilitation of clients with SUDs. He is founder/coordinator of Patients, Parents and Therapists Forum (PPTF) in FNPH, Yaba. A Founder/CEO of Gift Love Mutual Support Group. He is National Trainer, Universal Treatment Curriculum of the Colombo DAP and an International Certified Addiction Professional (ICAP). He has regularly presented at local and international conferences; The roles of parents, patients and therapists forum in relapse prevention at the global ISSUP Conference, Nairobi Kenya in 2018 and substance use in women; a growing epidemic at the 2019 International Consortium of Universities for Drug Demand Reduction (ICUDDR) Conference in Cusco, Peru, South America. He volunteers on several committees and groups focused on youth empowerment and welfare.



Diaspora Liaison
Dr. Ignatius Ijere BA, BTH, M.ED, PGDE, M.A, M.A, M.Sc, PSY.D, CADC.

Dr. Ignatius Nnamdijere is a psychologist trained in clinical community mental health and addiction science. He is currently an Associate Teaching Professor with Syracuse University, NY, United States of America. His areas of specialization include mental illness, addiction, assessment and treatment of co-occurring disorders. His professional portfolio includes experience in mental health and addictions science. He has worked with the Gateway Foundation and Thresholds Psychiatric Rehabilitation Centers, Several Addiction centers in United States of America, etc. His professional affiliations include the Illinois Alcohol and other Drug Abuse Professional, A Global community of mental health innovators; International Consortium of Universities for Drug Demand Reduction (ICUDDR), International Society of Substance Use Professionals (ISSUP), American Psychological Association (APA).





General Advisor

Dr Peter Olutunde Onifade, (MBBS, FWACP, FMCPsych)

Is a consultant psychiatrist and the head of the Drug Addiction Treatment Education and Research unit of the Federal Neuropsychiatric Hospital Aro, Abeokuta. He is a trainer for UNODC and the postgraduate medical training in drug addiction and co-occurring mental illness

Legal Advisor

Barr. Daniel Omotilewa ESQ.LL.M, BL

Daniel is a graduate of the prestigious University of Ibadan where he picked his first degree in Law in 1992. He went back to the same University ten years later to obtain his Masters Degree (LL.M). His inquisitorial mind will not allow him to rest until he found his way back to the classroom at Nigerian Institute of Journalism (NIJ) where he obtained a Diploma in Journalism, thereby fulfilling a long yearning and interest in the pen profession. He is a highly respected Legal Practitioner and a member of the Nigeria Bar Association. He has worked in leading Law Firms among which include Chief Gani Fawehinmi Chambers, Layi Babatunde & Co. and G.K. Talabi & Co. He is now running a very successful Law firm -Daniel Omotilewa & Co. - with a bias for Commercial and Real Estate Practice. He is currently the Chancellor of the Diocese of Ekiti Oke, Church of Nigeria (Anglican Communion) and a member Board of Trustees, Global Initiative on Substance Abuse (GISA). He brings his wealth of knowledge and experience onto the Board and Executive of ISSUP Nigeria Chapter as the Legal Adviser.



Upcoming Trainings and Conferences

- ISSUP Nigeria inauguration: October 17th, 2019 in Abuja, Nigeria.
- 6th Global ISSUP Conference: January, 2021 in Abu Dhabi, UAE.
- Universal Treatment Curriculum (UTC): 2 – 10 September, 2019 in FNPH, Yaba, Lagos, Nigeria (contact: 08085635026, 08169986687).
- Universal Prevention Curriculum (UPC): 23 – 28 September, 2019 at GISA, Lagos, Nigeria (contact: 07053486054, 07039042687).
- School-based Track on the Universal Prevention Curriculum (UPC): 21 – 26 October, 2019 at GISA, Lagos, Nigeria (contact: 07053486054, 07039042687).
- Universal Prevention Curriculum (UPC), 11th – 16th November, 2019, Quintessential Healthcare Centre, Jos (Contact: 08051353152, 08130291664).
- Universal Treatment Curriculum (UTC), 21st – 26th October 2019, Quintessential Healthcare Centre, Jos (Contact: 08051353152, 08130291664, 08033688281).
- Universal Prevention Curriculum (UPC): 02 – 07 March 2020 by GISA Abuja Nigeria (Contact: 08051353152, 08130291664, 08033688281).

